

LESSONS LEARNED FROM COMMUNITY-BASED PARTICIPATORY RESEARCH IN MARGINALIZED COMMUNITIES

SONYA BALLENTINE, BS, Illinois Institute of Technology

LINDSAY SHEEHAN, PHD, Illinois Institute of Technology



Community

Based

Participatory

Research

WHAT IS CBPR?

- Collaborative approach
- Involves all partners in the research process
- Recognizes the unique strengths of each partner
- Begins with research topic of importance to the community
- Includes both knowledge AND action for change

- **AIM:** To improve communities



Inspiring Change

Manual

A community-based participatory research manual
for involving African Americans with serious
mental illness in research



“INSPIRING CHANGE” MODEL OF CBPR



INSPIRING CHANGE MANUAL

Chapter 2: Introduction to CBPR

Chapter 3: Working Together

Chapters 4-6: Understanding a Problem, Testing a Solution, Designing a Solution

Chapter 7: Research Ethics

Chapter 8: Collecting Data

Chapter 9: Sustainability

Chapter 10: Understanding Results

Chapter 11: Sharing Results and Taking Action

WHY USE CBPR?

Reflection and self-evaluation

DEVELOPING A TOPIC

The 3 research types

Understanding a Problem

- **Research Question:** Who is most likely to be negatively impacted by trauma?

Designing a Solution

- **Research Question:** How can we use research to create a support group for those impacted by violence?

Testing a Solution

- **Research Question:** Which youth program is most effective?

EVALUATING RESOURCES

Three strategies

Collaborate 

Network 

Partner 

ORGANIZING THE PROJECT



ORGANIZATION

- Timeline
- Meeting plan
- Budget

RECRUITING THE RESEARCH TEAM



THE TEAM

- Recruitment
- Selection

WORKING TOGETHER

- Engaging the Team
- Reasonable Accommodations
- Dual Relationships
- Power Dynamics

UPCOMING PROJECTS

- Leadership Curriculum
- Inspiring Change Network
- www.chicagohealthdisparities.org

ACKNOWLEDGEMENTS

- Patient Centered Outcomes Research Institute (PCORI)
- Our Training and Development Advisory Board Team